



Meet Permission Form

NAME OF SWIMMER: _____

MEET: OYO Invitational Long Course Sprint Meet 2009

DATE: April 25, 2010

Location: Nepean Sportsplex
1701 Woodroffe Avenue
Ottawa, Ontario

Facility: 8 lane, 50 metre pool

Events: The coaches will determine what **six events** the swimmers will be entered in.

Transportation: This meet is considered a local meet. It is the responsibility of the parents to arrange transportation.

My child **will** or **will not** be attending the above-noted meet.

I hereby consent to my child being entered and will therefore pay all fees associated with this competition as per the Perth Stingray meet/trip policy. **(Please include a cheque to cover the costs of entry fees and competition fee with the return of the ballot. Please note that these costs are estimates only and the parents will be responsible for any difference between the estimate and the final bill.)**

By agreeing to participate in this meet, swimmers and parents are acknowledging that the swimmer is subject to and will abide by the conditions of the Perth Stingrays Code of Conduct. Action will be taken according to the severity of the infraction and penalties may include the immediate return home with additional costs billed to the family, suspension from training and/or competitions, or outright dismissal from the club.

Signature of Parent/Guardian

Swimmer's Age April 25, 2010

ENTRY FEES: \$ 52.00

Permission Form Deadline: March 22, 2010
(DON'T FORGET TO ATTACH YOUR CHEQUE)

Session 1: Warm up 7:00 – 7:55 AM Start 8:00 AM

Session 2: Warm up 11:30– 12:25 PM Start 12:30 PM

There will be 1 hour for lunch and warm ups between 11:30 – 12:30. Afternoon start time to be determined based on entries.

SESSION 1 MORNING

200 Free OPEN*

50 Back 12 & under

100 Breast

50 Free OPEN

100 Fly

SESSION 2 AFTERNOON

200 IM**

50 Breast 12 & under

100 Free

100 Back

50 Fly 12 & under

* If a swimmer is going to swim any stroke other than free, it is to be identified in advance.

**MM reserves the right to limit the number of 200IM entries. Limited to 10 heats