

**2012  
Mike Brown  
Invitational  
Swim Meet**

Hosted by the Perth Stingrays Aquatic Club

**January 6 – 8, 2012**

**Perth & District Indoor Pool**

**Entry Deadline December 23, 2011**

## **Introduction**

The **Mike Brown Invitational Meet** is a great opportunity for all competitive swimmers to prepare for the championship season. The prelims - finals format for 13 and over is designed with the intent of having the swimmers prepare for regionals and provincials. We will offer events in a time final format for 12 and under. The session groups will be mixed, seeded by entry time. The results will be separated by age group and gender for the purposes of awards. Awards will include medals 1<sup>st</sup> to 3<sup>rd</sup> and ribbons for 4<sup>th</sup> - 6<sup>th</sup> place.

## **Entry Procedures**

Only the most current version of the meet package found on <http://www.swimmeet.ca> will be accepted for this meet. Please submit SCM times for seeding purposes. Please use standard Hytek conversions for LCM and yard times. No entries will be accepted directly by meet management. All entries must include valid Swim Ontario registration

Meet Management reserves the right to delete a swimmer from an entry or results file for incorrect or absent 9 digit ID numbers and/or incorrect or absent date of birth.

## **Eligibility**

Only swimmers (includes age group and all university athletes) with valid Swimming Canada identification numbers will be considered for acceptance into the meet. Foreign swimmers, where applicable, are exempt from this requirement.

All swimmers must be duly registered and residents of the governing body for which they are competing. All swimmers must be in good standing with their respective governing swim body. All swimmers must be residents of the province/state or country for which they claim registration. Proof of residency may be passport, tax roll, college residence or other document as deemed acceptable by Swim Ontario and shall be provided within 24 hours of request by Swim Ontario.

Upon receipt of your entries, you will be sent a confirmation notice. Once we receive the last team's entries (December 23), we will notify clubs with details of:

- session and event times;
- alternative or additional warm-up times needed to meet the facility regulations and ensure fast swimming; and
- any other unforeseen details that may need to be communicated.

## **Swimmer Responsibility**

Each individual club is responsible for the conduct of their swimmers during the meet.

# Mike Brown Invitational

**Date:** January 6–8, 2012

**Hosted by:** Perth Stingrays Aquatic Club

**Location:** Perth & District Indoor Pool, 80 Wilson Street West, Perth, Ontario

**Facility:** 6 lane, 25m pool with electronic start system

**Sessions:**

## Friday & Saturday

13/over Warm-up 7:00 am 8:00 am start

12/under Warm-up 12:00 pm 1:00 pm start

Finals Warm-up 5:00 pm 6:00 pm start

## Sunday

All Ages Warm-up 8:00 a.m. 9:00 a.m. start

**Meet Management reserves the right to alter session times and number of swims in events to ensure a well-run meet.**

**Sanctioned By:** Swim Ontario. All current SNC rules and Warm up procedures will be followed. See the details at the end of this package.

**Qualifying Stds:** No qualifying times. Please provide swimmer seed times in electronic format.

**Entry Fees:** \$8.00 per individual event & \$9.00 per relay. Please make cheques payable to: Perth Stingrays Aquatic Club

**Entry deadline:** All entries must be received by December 23, 2011. No late entries will be accepted.

**Event Limit:** Swimmers may participate in maximum 7 individual events/ 3 per day maximum.

**Scratches:** Scratches for prelims/time finals must be submitted to the Clerk of Course 30 minutes prior to the session start. Scratches for finals are due within 30 of the completion of the prelim session. NO SCRATCH PENALTY. No substitutions are allowed. NO DECK ENTRIES. Prelim & time final events will not be re-seeded.

**Meet Notes:** 13 & over prelims - ages and genders will be seeded together. Results will be posted on **SNC** website.

**Scoring:** Team scores will not be kept.

**Awards:** Medals will be awarded to the top 3 swimmers & ribbons 4<sup>th</sup> – 6<sup>th</sup> in each individual event for each age/gender group: 10 and under, 11-12, 13-14, 15 and over.

**Meet Manager:** Kris Plant [ckplant@gmail.com](mailto:ckplant@gmail.com)

**Meet Referee:** Doug James

**Questions:** Please contact Rod Agar at 613-264-9839 or [psacheadcoach@ripnet.com](mailto:psacheadcoach@ripnet.com)

**Officials Chair:** Siobhan Muldowney: [smuldowney@ripnet.com](mailto:smuldowney@ripnet.com)

## Swimming/Natation Canada Risk Management Warm-Up Procedures 2005

During the designated warm-up period, the meet management committee shall ensure that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional “practice” pools, if any, are to be supervised by lifeguards and coaches.

Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period ..... and shall ensure that all appropriate warm-up procedures are followed. (CSW 2.13.1.5)

### **GENERAL WARM-UP RULES:**

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck or Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for „Circle Swimming“ during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & SWAD the “right of way” for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

September 23, 2011

Motion: SDC accepts the wording regarding interval times for individual events.

Meet Management acknowledged the SO policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.

## 2012 Mike Brown Invitational

<b>Session 1 - Friday January 6, 2012 - Prelims</b>		
<b>Warm Up at 7:00-7:50 a.m.</b>		<b>Start at 8:00 a.m.</b>
Girls Event #	EVENT	Boys Event #
1a	13 & 14 200 Medley Relay - TF	2a
1b	15 & Over 200 Medley Relay - TF	2b
3	100 Backstroke	4
5	200 Butterfly	6
7	100 Freestyle	8
9	200 Breaststroke	10
11	400 Freestyle – Timed Final	12

<b>Session 2 – Friday, January 6, 2012 – Timed Finals</b>		
<b>Warm Up at 12:00–12:50 p.m.</b>		<b>Start at 1:00 p.m.</b>
Girls Event #	EVENT	Boys Event #
13	10 & Under 200 Backstroke	14
15	11 & 12 200 Backstroke	16
17	10 & Under 50 Butterfly	18
19	10 & Under 200 Freestyle	20
21	11 & 12 200 Freestyle	22
23	10 & Under 100 Breaststroke	24
25	11 & 12 100 Breaststroke	26
27	10 & Under 50 Backstroke	28
29	10 & Under 200 Butterfly	30
31	11 & 12 200 Butterfly	32
33	10 & Under 400 Freestyle	34
35	11 & 12 400 Freestyle	36

<b>Session 3 – Friday, January 6, 2012 – Finals</b>		
<b>Warm Up at 5:00-5:50 p.m.</b>		<b>Start at 6:00 p.m.</b>
Girls Event #	EVENT	Boys Event #
3a	13 & 14 100 Backstroke	4a
3b	15 & Over 100 Backstroke	4b
5a	13 & 14 200 Butterfly	6a
5b	15 & Over 200 Butterfly	6b
7a	13 & 14 100 Freestyle	8a
7b	15 & Over 100 Freestyle	8b
9a	13 & 14 200 Breaststroke	10a
9b	15 & Over 200 Breaststroke	10b

### Cash Event

13 & Over 50 Freestyle – Saturday evening at the conclusion of finals.

The top four 13 & Over Women & top four 13 & Over Men will be selected from the 50 freestyle finals for the **Cash Event** semi-finals. The top 2 from each semi-final will compete in the finals of the **Cash Event**. The winner of each **Cash Event** final will receive \$50.

<b>Session 4 – Saturday, January 7, 2012 – Prelims</b>		
<b>Warm Up at 7:00-7:50 a.m.</b>		<b>Start at 8:00 a.m.</b>
Girls Event #	EVENT	Boys Event #
37a	13 & 14 200 Free Relay - TF	38a
37b	15 & Over 200 Free Relay - TF	38b
39	13 & Over 200 Freestyle	40
41	13 & Over 100 Breaststroke	42
43	13 & Over 200 Backstroke	44
45	13 & Over 100 Butterfly	46
47	13 & Over 200 IM	48
49	13 & Over 50 Freestyle	50

<b>Session 5 – Saturday, January 7, 2012 – Timed Finals</b>		
<b>Warm Up at 12:00–12:50 p.m.</b>		<b>Start at 1:00 p.m.</b>
Girls Event #	EVENT	Boys Event #
51	10 & Under 200 Free Relay	52
53	11 & 12 Free Relay	54
55	10 & Under 50 Breaststroke	56
57	10 & Under 100 Freestyle	58
59	11 & 12 100 Freestyle	60
61	10 & Under 100 Backstroke	62
63	11 & 12 100 Backstroke	64
65	10 & Under 200 Breaststroke	66
67	11 & 12 200 Breaststroke	68
69	10 & Under 100 Butterfly	70
71	11 & 12 100 Butterfly	72
73	10 & Under 100 IM	74
75	11 & 12 200 IM	76
77	10 & Under 200 IM	78

<b>Session 6 – Saturday, January 7, 2012 – Finals</b>		
<b>Warm Up at 5:00-5:50 p.m.</b>		<b>Start at 6:00 p.m.</b>
Girls Event #	EVENT	Boys Event #
39a	13 & 14 200 Freestyle	40a
39b	15 & Over 200 Freestyle	40b
41a	13 & 14 100 Breaststroke	42a
41b	15 & Over 100 Breaststroke	42b
43a	13 & 14 200 Backstroke	44a
43b	15 & Over 200 Backstroke	44b
45a	13 & 14 100 Butterfly	46a
45b	15 & Over 100 Butterfly	46b
47a	13 & 14 200 IM	48a
47b	15 & Over 200 IM	48b
49a	13 & 14 50 Freestyle	50a
49b	15 & Over 50 Freestyle	50b
	5 Minute Break	
49c	13 & Over 50 Freestyle Semi-Final	50c
49d	13 & Over 50 Freestyle Final	50d

<b>Session 7 – Sunday, January 8, 2012 – Timed Finals</b>		
<b>Warm Up at 8:00-8:50 a.m.</b>		<b>Start at 9:00 a.m.</b>
Girls Event #	EVENT	Boys Event #
79	400 IM	80
81	800 Freestyle	82
83	1500 Freestyle	84

**SPECIFIC/SPRINT WARM-UP PERIOD:**

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only „one-way“ swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices: **"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET"**.

**EQUIPMENT:**

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.

SNC Board Approved July 6, 2005

**Swimwear**

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

**MATERIAL** – The material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

**SHAPE – MEN:** swimwear shall not extend above the navel or below the knee.

**WOMEN:** swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed. **USE** – Swimmers shall wear only one swimsuit, taping is not permitted.

**CONSISTENCY** – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.